



Green Lion

Communicate Ultra Smart Watch

SKU: GNCOMSWASL

Model No: GL-SWA56

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Preface

Thank you for choosing our product!

To gain a comprehensive understanding of and effectively use this device, please read this manual first to familiarize yourself with all features and the simple operation method.

Please note that the functions described in the user manual may differ slightly from the physical product. The final product should be considered as the standard.

Any typing errors in this manual or discrepancies will be promptly corrected with updates to match the latest products. If updates are made, this manual may be subject to change without prior notice. Our company reserves the right for final interpretation.

Package includes:

Gift box ×1

User manual ×1

Device unit ×1

Charger ×1

Remark

This product is equipped with a built-in rechargeable lithium battery. Safety precautions for battery use: do not disassemble, strike, squeeze, or put it in fire; if the battery is severely swollen, discontinue use immediately; do not expose it to high temperatures, and avoid using it if the battery has been immersed in water.

Do not use the product when exposed to hot showers, baths, or saunas, as the vapors may enter the device and cause damage to the host and peripheral components. These issues are not covered under warranty.

This product is not a medical device. The health data and suggestions provided are for reference only and should not be used as a basis for diagnosis or treatment.

Notifications Settings

In the app, go to Device → Notifications, select the corresponding apps, and turn ON the switch.

Troubleshooting

The watch's notifications synchronize with the phone's notification center, such as incoming calls, SMS, WhatsApp, WeChat, etc. If the phone does not receive notifications in the notification center, the watch will not receive them either. Ensure that the phone is set to allow notifications from the corresponding apps by turning ON the notification permission in the phone's settings.

If you are still not receiving notifications after step (1), reset the watch to factory settings, go to the Bluetooth settings on your phone, and check if the connected device is listed as "GL-SWA56." If it's not, please unpair the device, turn OFF the phone's Bluetooth, then turn it ON again to reconnect.

Connection

To connect the watch to your phone, first download the app using the following methods.

Android/iOS Phone: Scan the QR code with your browser or any QR code scanner to download the app.

After installation, turn on Bluetooth on your phone and open the app. Confirm that notifications and all other permissions requested by the app are enabled, then fill in your personal information. Tap "Add Device," search for the "GL-SWA56" device (ensure GPS is enabled on your phone before binding), and tap connect.

If the previous steps do not resolve the notification issue, uninstall the app and reinstall it. Ensure you agree to all permissions requested by

the app during installation and start the app from the beginning. After that, reconnect the device.



Firmware Upgrade

When connected via Bluetooth, open the app and tap Device → Firmware Version. It will notify you if a new version is available for update. During the update, a progress bar will appear. Wait for it to complete. The watch will restart and reconnect with the phone app. Do not operate the watch during the update process. The update takes 3–5 minutes.

Charging Instructions

This product uses a wireless charger that supports mobile phone chargers within 5V and computer USB ports. Simply place the watch on the charging puck, and it will begin charging automatically. A full charge takes approximately 3 hours.

Main Features

Phone Connect Watch Audio: Enter the status bar on the standby interface, click the Bluetooth icon to turn it off, then click again to turn it on.

Phonebook: After connecting to the phone app, you can add up to 250 frequently used contacts to the watch's phonebook.

Language/Time/Date: Synchronize the language, date, and time between the mobile phone and the Smart Watch after connecting.

Standby Watch Faces: There are several watch faces to choose from. To switch between them, long press the home screen for 3 seconds. You can

also download new watch faces from the app and customize your photos as watch face backgrounds.

Sleep Monitor: Sleep monitoring will automatically activate from 10:00 PM to 8:00 AM the next day. You can check sleep quality details in the app.

Notifications: Synchronize and display app notifications such as Facebook, WhatsApp, SMS, Email, etc., between the mobile phone and the Smart Watch. Up to 8 notifications can be displayed on the watch. Please adjust the settings in the MActive Pro app and allow notifications to be displayed (app permissions). The watch can also decline incoming calls.

Stopwatch Function: Press the start and pause buttons, then press stop to stop the timer.

Activity Info: Track workout and health data, including Steps, Distance, and Calorie consumption. This data will be saved until midnight (12:00 AM) every day and reset to 0 for the following day. You can also view previous data in the History section.

Exercise: Select a sport mode to record your workout. To start the activity, swipe right to pause the workout, then tap to end the workout. The device records the duration, calories, heart rate, etc.

Heart Rate Monitoring Function: When this function is activated, the heart rate is measured by the device scanning the surface capillaries of the skin with green optical diodes. Please allow about 2 seconds for the device to start measuring and recording. To stop measuring, slide to other menus. Please refer to online resources for information about average heart rates for your age group and gender or consult your medical practitioner for advice.

Note:

The device is not a medical device. Any values shown are for reference only.

Upper Crown: Scroll to zoom in/out the smart menu, or switch the watch faces. Tap to enter the main menu, double tap to switch the menu style.

Bottom Button: Long press to turn on/off, then short press to enter background management. The button can customize functions, and if the device crashes, long press for 15 seconds to reset.

Remote Control (Music): Allows you to activate and control music playback on the phone via the Smart Watch (a music playback app must be installed on the phone).

About: Check the model number, Bluetooth address, and version number.

Reset: Tap to reset all data (factory mode).

Alarm Function: You can set several alarm times via the Green Lion app on the phone.

Sedentary, Drink Reminder: Set a time for exercise and/or a reminder to drink via the app.

Find Phone Function: As the device and phone are connected, the Find Phone function can help locate your mobile phone. Tap "Find Phone" and locate your phone via the ringtone/sound coming from your phone.

Wrist Wakeup: You can "wake up" the watch with wrist movement. Please set this function with the app. Please note that this might increase power consumption.



Specification

Model Number	GL-SWA56
Case Material	Alloy Vacuum Plating
Strap Material	Silicone & Leather
Battery	280mAh
Display	1.85" Amoled Screen
Bluetooth Version	BT 5.4+3.0
RAM+ROM	684kb + 256mb
Storage Memory	1Gb Flash
Charging Type	Wireless Charging
Charging Time	2.5 Hrs
Working Time	3-5 Days
Waterproof	IP68
Product Weight	45 g
Product Dimensions	43.2*37.8*10.8 mm

Disposal

This product must not be disposed of as unsorted household waste. It is important to separate such waste for proper treatment and recycling, in compliance with local waste management regulations.

Warranty

Products that you buy directly from our **Green Lion** website or shop come with a 24-month warranty.

When you buy **Green Lion** products from any of our approved sellers, you only get a 12-month warranty. If you want to extend this warranty, go to our website at <https://www.greenlion.net/warranty> and fill out the form with your information. Don't forget to upload a picture of the product too. After we've checked and accepted your request, we'll send you an email to confirm that your product's warranty has been extended.

For more info, please check:
<https://www.greenlion.net/warranty>

Contact Us

If you have any questions about this Privacy Policy, please contact us at:

Website: <https://www.greenlion.net/>

Sales: sales@greenlion.net

Service Support: Support@greenlion.net

Telegram: [@greenlion_global](https://t.me/greenlion_global)

Instagram: [@greenlion_global](https://www.instagram.com/greenlion_global)